



Diocese of Kildare & Leighlin

Bishop's House, Old Dublin Road, Carlow, R93 F6D5. Tel: 059-9176725

29.04.2026

Dear First Communicants, parents and families,

Warm greetings and blessings to you on this very special day.

Children, today you receive the Body of Christ for the first time. This is the gift you have been preparing for. Now, I also know that you will receive lots of gifts today from many people who love you and are so happy for you on this day. But I ask you to remember just one thing for me. Please, remember that the gift of Jesus in Holy Communion is the most precious gift of them all. And the wonderful thing is that after today you can come to Mass and keep receiving this gift, again and again. I very much hope and pray that you do.

Parents and families - you and your family are important members of the family of God and of this parish. You are loved, you are wanted and you are needed. And when you are not here you are missed. As Christians we need the nourishment of God's Word and Eucharist to bring meaning and peace to our lives. That is why Sunday matters and why Sunday Mass is so important.

As you celebrate this wonderful day as a family my parting request to you is to seriously think about making Sunday Mass here in the parish, (whether on a Saturday evening or Sunday morning), a part of your family life, if it is not already so. The first step might be simply deciding to make it a habit in your week.

I pray that today may be a treasured day in the life of all your families. And, for our First Communicants, that it is the first of a life time of receiving Jesus, the Bread of Life.

Every blessing,

✠ Denis Nulty

Bishop of Kildare & Leighlin